

علم النشء

**Ministry of Higher Education and Scientific Research  
Scientific Supervision and Scientific Evaluation Apparatus  
Directorate of Quality Assurance and Academic Accreditation  
Accreditation Department**



# **Academic Program and Course Description Guide**

**2024**

## **Introduction:**

The educational program is a well-planned set of courses that include procedures and experiences arranged in the form of an academic syllabus. Its main goal is to improve and build graduates' skills so they are ready for the job market. The program is reviewed and evaluated every year through internal or external audit procedures and programs like the External Examiner Program.

The academic program description is a short summary of the main features of the program and its courses. It shows what skills students are working to develop based on the program's goals. This description is very important because it is the main part of getting the program accredited, and it is written by the teaching staff together under the supervision of scientific committees in the scientific departments.

This guide, in its second version, includes a description of the academic program after updating the subjects and paragraphs of the previous guide in light of the updates and developments of the educational system in Iraq, which included the description of the academic program in its traditional form (annual, quarterly), as well as the adoption of the academic program description circulated according to the letter of the Department of Studies T 3/2906 on 3/5/2023 regarding the programs that adopt the Bologna Process as the basis for their work.

In this regard, we can only emphasize the importance of writing an academic programs and course description to ensure the proper functioning of the educational process.

### **Concepts and terminology:**

**Academic Program Description:** The academic program description provides a brief summary of its vision, mission and objectives, including an accurate description of the targeted learning outcomes according to specific learning strategies.

**Course Description:** Provides a brief summary of the most important characteristics of the course and the learning outcomes expected of the students to achieve, proving whether they have made the most of the available learning opportunities. It is derived from the program description.

**Program Vision:** An ambitious picture for the future of the academic program to be sophisticated, inspiring, stimulating, realistic and applicable.

**Program Mission:** Briefly outlines the objectives and activities necessary to achieve them and defines the program's development paths and directions.

**Program Objectives:** They are statements that describe what the academic program intends to achieve within a specific period of time and are measurable and observable.

**Curriculum Structure:** All courses / subjects included in the academic program according to the approved learning system (quarterly, annual, Bologna Process)

whether it is a requirement (ministry, university, college and scientific department) with the number of credit hours.

**Learning Outcomes:** A compatible set of knowledge, skills and values acquired by students after the successful completion of the academic program and must determine the learning outcomes of each course in a way that achieves the objectives of the program.

**Teaching and learning strategies:** They are the strategies used by the faculty members to develop students' teaching and learning, and they are plans that are followed to reach the learning goals. They describe all classroom and extra-curricular activities to achieve the learning outcomes of the program.

### Academic Program Description Form

**University Name:** University of Basrah

**Faculty/Institute:** College of Nursing

**Scientific Department:** Department of Community Health Nursing

**Academic or Professional Program Name:** BSc in Nursing

**Final Certificate Name:** BSc in Nursing

**Academic System:** Courses

**Description Preparation Date:** 26/03/2024

**File Completion Date:** 26/03/2024

**Signature:**

**Head of Department Name:**

Dr. Instr. Firas A. Jasim

Date: 26/03/2024

**Signature:**

**Scientific Associate Name:**

Assist. Prof. Dr. Sundus B. Dawood

Date: 26/03/2024

The

file is checked by:

Department of Quality Assurance and University Performance

Director of the Quality Assurance and University Performance Department:

Assist. Lec. Samaher S. Hameed

Date:

Signature:



Approval of the Dean

### 1. Program Vision

The College of Nursing at the University of Basrah seeks to match nursing colleges at the local and international levels by highlighting the quality of medical and nursing education and its reflection on its outputs from graduates who possess competence, excellence, and the ability to provide comprehensive nursing care in the field of community service in all aspects of health care, whether in primary health centers or in Hospitals. The college also seeks to distinguish itself among its counterparts through solid scientific research that provides solutions to society's problems in accordance with the vision of the University of Basrah.

### 2. Program Mission

Supporting health institutions with scientifically and practically qualified nursing staff capable of dealing with various medical conditions and providing effective, high-quality health services to improve and enhance citizen health.

### 3. Program Objectives

- 1- Preparing highly qualified university nursing staff who possess a high sense of responsibility to provide preventive, curative and rehabilitative nursing services to the individual and family.
- 2- Addressing the shortage of qualified nursing personnel, especially women, in the field of health services.
- 3- Developing the reality of nursing through conducting nursing research.
- 4- Strengthening the role and status of nursing staff in health institutions.
- 5- Striving to expand admission to both primary and postgraduate studies.
- 6- Striving to provide advanced scientific laboratories.

### 4. Program Accreditation

It has been applied for.

### 5. Other external influences

Educational hospitals, library, internet, community, nursing union.

### 6. Program Structure

Program Structure	Number of Courses	Credit hours	Percentage	Reviews*
Institution Requirements				
College Requirements				
Department Requirements	2	4	100%	Basic course
Summer Training	No			

Other				
-------	--	--	--	--

\* This can include notes whether the course is basic or optional.

7. Program Description				
Year/Level	Course Code	Course Name	Credit Hours	
			theoretical	practical
2023-2024 / fourth	NUR408	Psychiatric and Mental Health Nursing		
			3	12

8. Expected learning outcomes of the program	
<b>Knowledge</b>	
<ul style="list-style-type: none"> <li>-Know and discuss the foundations, concepts and principles of psychiatric and mental health nursing</li> <li>-Introducing students to the ethical and legal issues related to psychiatric and mental nursing.</li> <li>-Introducing students to the nursing process in providing nursing care for psychiatric and mental patients.</li> </ul>	
<b>Skills</b>	
<ul style="list-style-type: none"> <li>-Learn how to evaluate psychological and mental health.</li> <li>-How to describe various types of psychological and mental disorders and different treatment methods.</li> </ul>	
<b>Ethics</b>	
Changing students' attitudes towards mental health and mental illness.	

Identify the role of the nurse in community mental health nursing

### 9. Teaching and Learning Strategies

Lectures, Group Discussion, Group Projects, and Presentations.

### 10. Evaluation methods

Quizzes, monthly examinations, reports and final examinations.

### 11. Faculty

#### Faculty Members

Academic Rank	Specialization		Special Requirements/Skills (if applicable)		Number of the teaching staff	
	General	Special			Staff	Lecturer
Lecturer.	Nursing	Psychological and mental health			1	None
Assist. Lec.	Nursing	Psychological and mental health			1	None

#### Professional Development

##### Mentoring new faculty members

Preparing seminars and introductory courses for new teachers, holding periodic meetings to familiarize them with work contexts, daily guidance, continuous follow-up, and giving advice and directions.

##### Professional development of faculty members



Continuous learning through searching for new developments using the library and the Internet, in addition to attending specialized scientific seminars and seminars, as well as active attendance in educational hospitals to hone skills.

#### **12. Acceptance Criterion**

Continuous learning through searching for new developments using the library and the Internet, in addition to attending specialized scientific seminars and seminars, as well as active attendance in educational hospitals to hone skills.

#### **13. The most important sources of information about the program**

1- Psychiatric-Mental Health Nursing eight edition

Sheila L. Videbeck, PhD, RN

Professor Emeritus

Des Moines Area Community College

Ankeny, Iowa

Illustrations by Cathy J. Miller

#### **14. Program Development Plan**

1- Increase the ability to differentiate between the different research hypothesis.

2- Illustrate the modern methods of measurements and data collection.

3- Use the new technology in identify, write and review nursing researches.



**Program Skills Outline**

Year/Level	Course Code	Course Name	Basic or optional	Required program Learning outcomes																			
				Knowledge				Skills				Ethics											
				A1	A2	A3	A4	B1	B2	B3	B4	C1	C2	C3	C4								
2023-2024/ fourth	NUR408	Psychiatric and mental health nursing	Basic	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	

• Please tick the boxes corresponding to the individual program learning outcomes under evaluation.

## Course Description Form

<b>1. Course Name:</b>	
Psychiatric and mental health nursing	
<b>2. Course Code:</b>	
NUR408	
<b>3. Semester / Year:</b>	
Second Semester / fourthYear	
<b>4. Description Preparation Date:</b>	
26/3/2024	
<b>5. Available Attendance Forms:</b>	
Attendance only	
<b>6. Number of Credit Hours (Total) / Number of Units (Total)</b>	
60 hours in the semester. 3h of theory per week. 12h practice per week 7/total number of units per week.	
<b>7. Course administrator's name (mention all, if more than one name)</b>	
Name: Lecturer.Afkar fadhial kareem Email: <a href="mailto:afkar.kareem@uobasrah.edu.iq">afkar.kareem@uobasrah.edu.iq</a> Name: Assist. Lec.Doaa mohammed Baje Email:	
<b>8. Course Objectives</b>	
<b>Course Objectives</b>	<ol style="list-style-type: none"> <li>1. Describe and discuss the foundations, concepts, and principles of psychiatric and mental health nursing.</li> <li>2. Introducing community psychological care.</li> <li>3. Describe the ethical and legal issues related to psychiatric and mental nursing.</li> <li>4. Introducing psychological and mental health nursing theories.</li> <li>5. Apply therapeutic communication and avoid non-therapeutic communication with the psychological patient.</li> <li>6. Applying the nursing process in providing nursing service.</li> </ol>

## 9. Teaching and Learning Strategies

**Strategy** Brain Storm, Group Discussion,, Group Projects, and Presentations.

## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	3	1-Knowing and discussing the foundations, concepts and principles of psychological and mental health nursing	1. Foundations of psychiatric and mental health nursing	Lectures, Group Discussion, Group Projects, and Presentations.	Quizzes, monthly examinations, reports and final examinations.
2	3	2- Introducing students to the ethical and legal issues related to psychiatric and mental nursing.	2- Neurobiological theories		
3	3	3- Introducing students to the nursing process in providing nursing service.	3- Social psychological theories		
4	3	4-Learn how to evaluate psychological and mental health	4- Building the therapeutic relationship between the nurse and the patient		
5	3	5-How to describe the various types of psychological and mental disorders and the different treatment methods.	5-Disorders associated with trauma and stress		
6	3	6- Changing students'attitudes towards mental health and mental illness.	6-Anxiety and anxiety-related disorders		
7	3		7- Phobia and generalized anxiety disorder		
8	3		8- Obsessive-compulsive disorder and related disorders		
9	3		9- Schizophrenia spectrum and related disorders		
10	3		10- Mood disorders and suicide		
11	3		11- Addiction		
12	3		12- Cognitive disorders		
13	3		13- Diseases with physical symptoms		
14	3				
15	3				

		7- Identify the role of the nurse in community mental health nursing			
--	--	--	--	--	--

### 11. Course Evaluation

Distributing the score out of 100 to:

1- 40 achievement marks (20 theoretical + 20 practical): for the tasks assigned to the student, such as daily tests, monthly exams, and reports.

2- 60 marks (20 practical + 40 theoretical): for the final exam.

### 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	1- Psychiatric-Mental Health Nursing eighth edition Sheila L.Videbeck,PhD,RN Professor Emeritus Des Moines Area Community College Ankeny,Iowa Illustrations by Cathy J.Miller
Main references (sources)	1- Psychiatric-Mental Health Nursing eighth edition Sheila L.Videbeck,PhD,RN Professor Emeritus Des Moines Area Community College Ankeny,Iowa Illustrations by Cathy J.Miller
Recommended books and references (scientific journals, reports...)	None
Electronic References, Websites	<a href="https://www.researchgate.net/">https://www.researchgate.net/</a> <a href="https://scholar.google.com/">https://scholar.google.com/</a>